

The GalGael Trust

Our Seven Trips to Iona

**2016, 2017, 2018, 2019
2022, 2023, 2024**

These slides were prepared for a GalGael-Iona Christmas sharing party on 28 December 2024. As what was Iona Hostel is changing hands, we hope that future connections between the GalGael and Iona will evolve with the Iona Community, as has started with Work Week in the autumn of 2024. Please note that in several of the years we did not have group photos that showed everybody.





1 - 2016



2 - 2017



3 - 2018



4 - 2019



5 - 2022



6 - 2023



7 - 2024

IONA TRIP
SPIRITUAL
CONVERSATION

2^{PM} - 4^{PM}

WEDNESDAY 13TH
FEBRUARY 2019.

"What does SPIRITUALITY mean
to us?"

If you are interested in going on the
IONA trip please come to conversation.

SYNICISM WELCOME!

The Intention



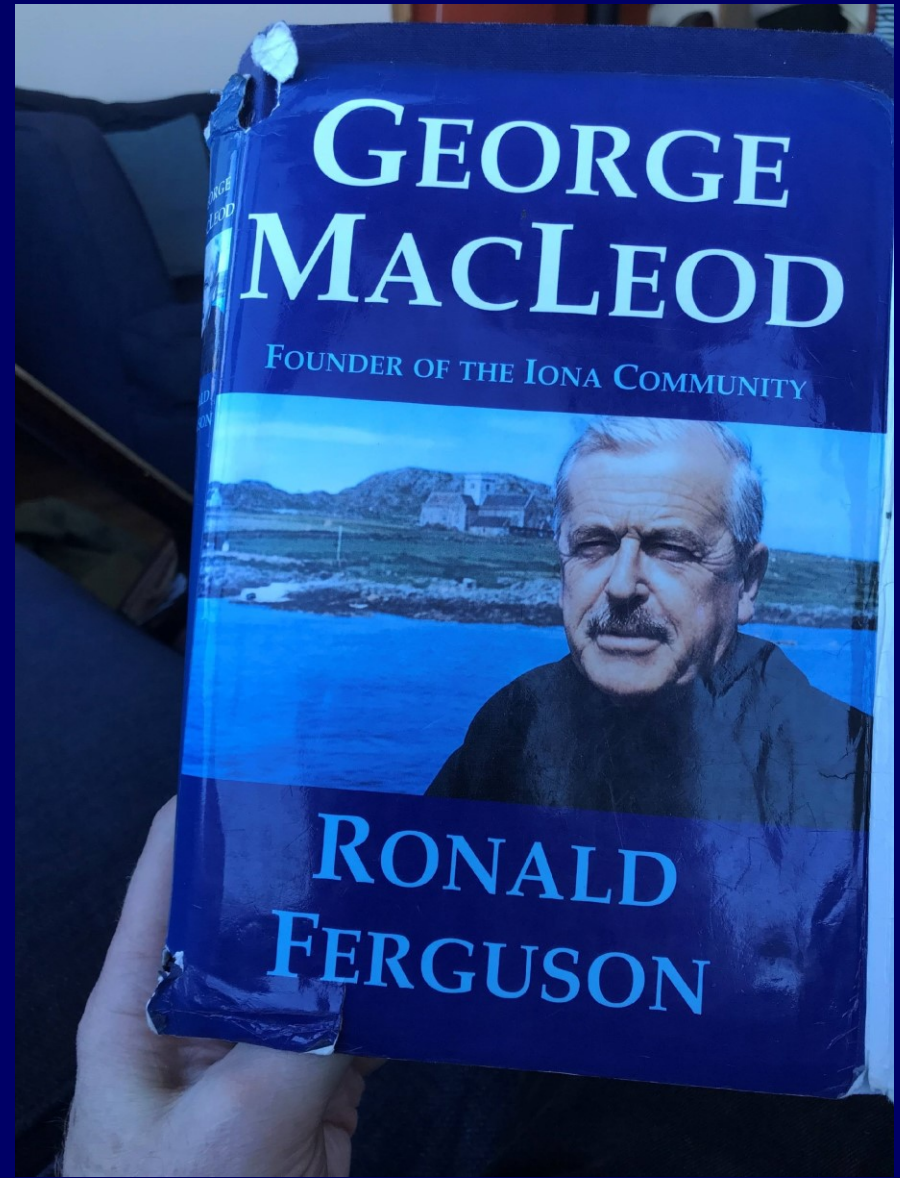
The Journey



The Landing



The Hostel



The Abbey



The History



The Wonderment



The Wandering



The Walks



The Pilgrimage to Saint Columba's Bay



The Nature Wild and Free



The Treasures on the Path (Johnny RIP)



The Baptisms of Fire



The Raising of the Water Horse



The Ascent of Dun I



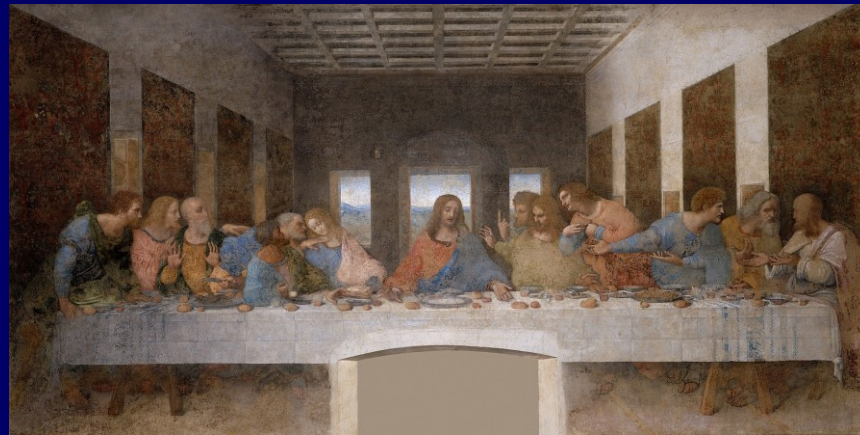
The Well of Eternal Youth



The Holy Trinity



The Agonies and Ecstasies



The Laughs (sorry Leonardo!)



The Handfasting



The Charge of the Sheep Brigade



The Journey of Life (Ian Bogle RIP)



The Repose



The Shades of Gentleness



The Contemplation



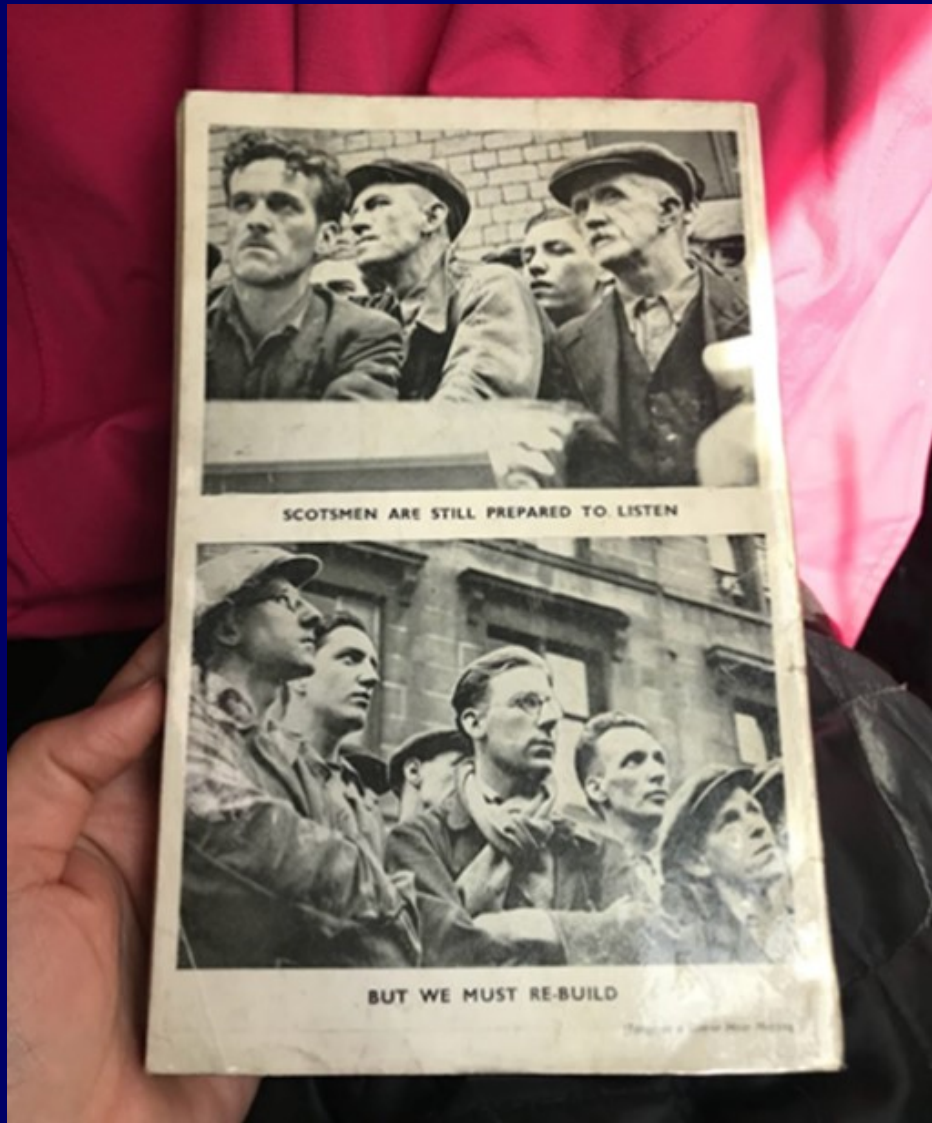
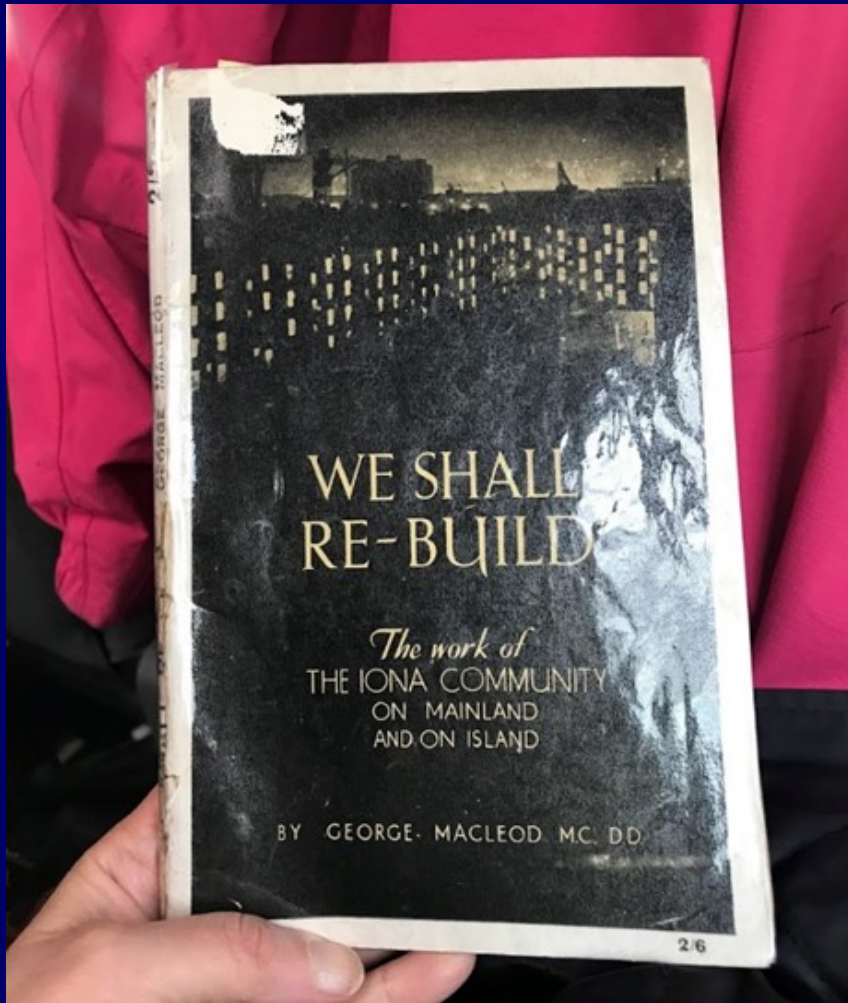
The Spaces Hospitable to the Soul



The Intricate Spaces



The Window on the World



The Govan-Iona History



The Iona Community Today



The Reciprocity



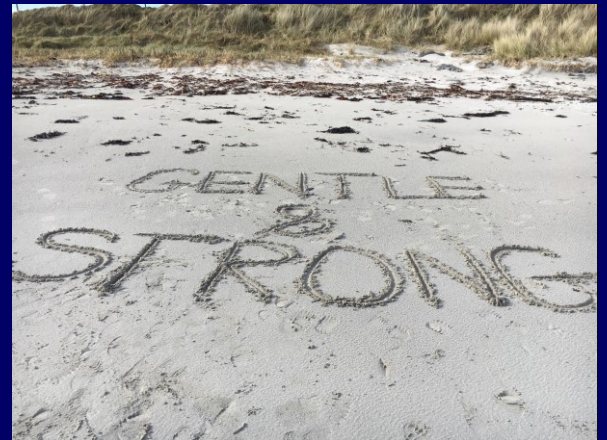
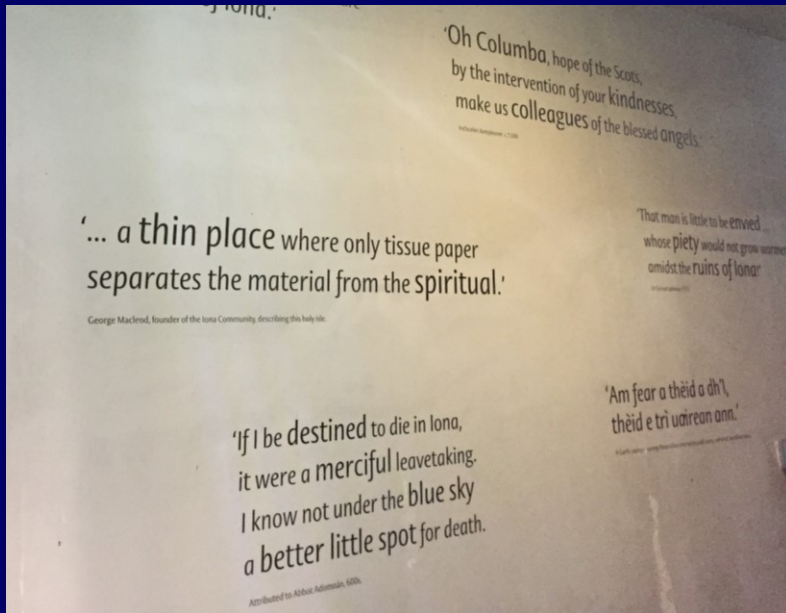
The Togetherness



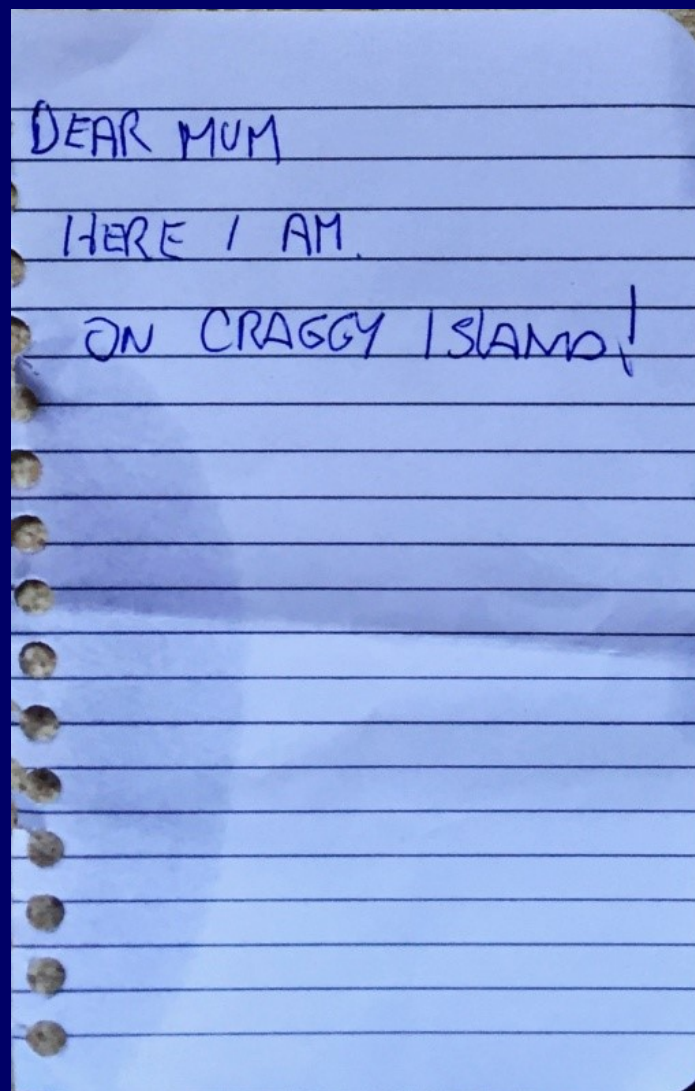
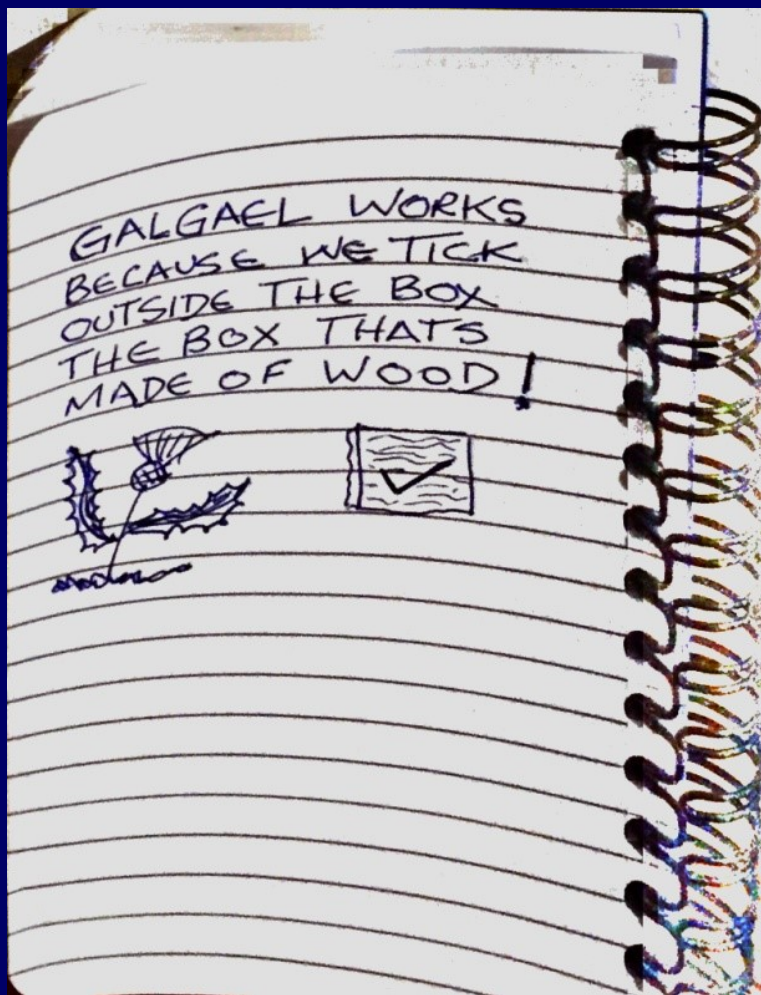
The Inner Necessity



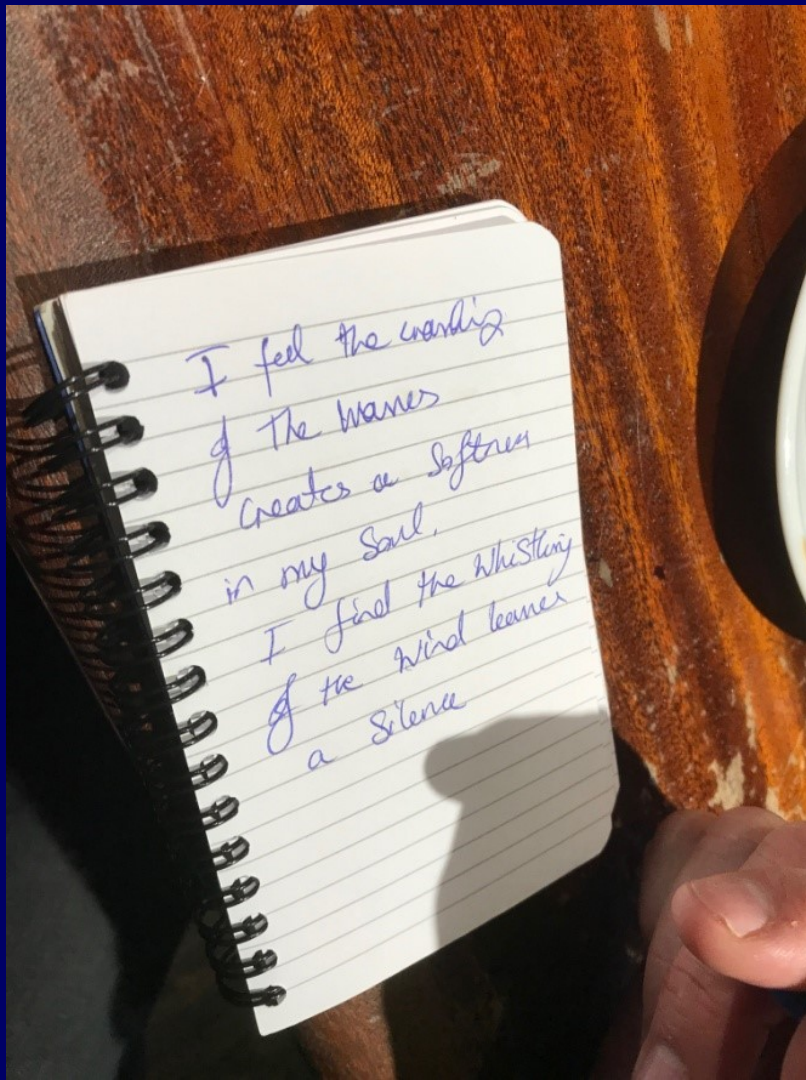
The Offerings



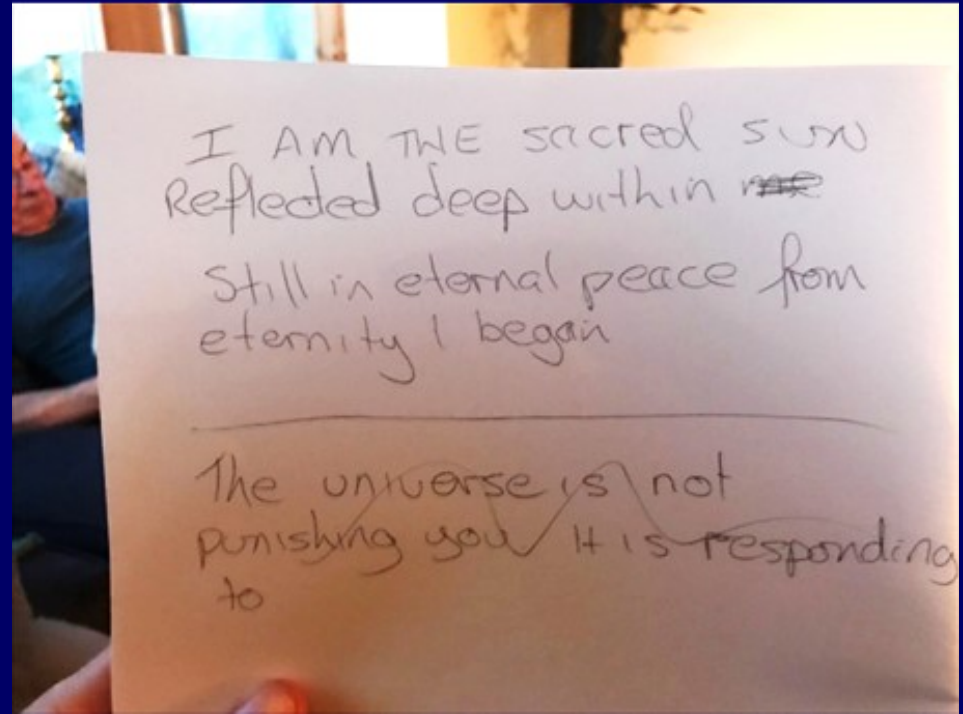
The Thoughts and Feelings



The 'letters are written'



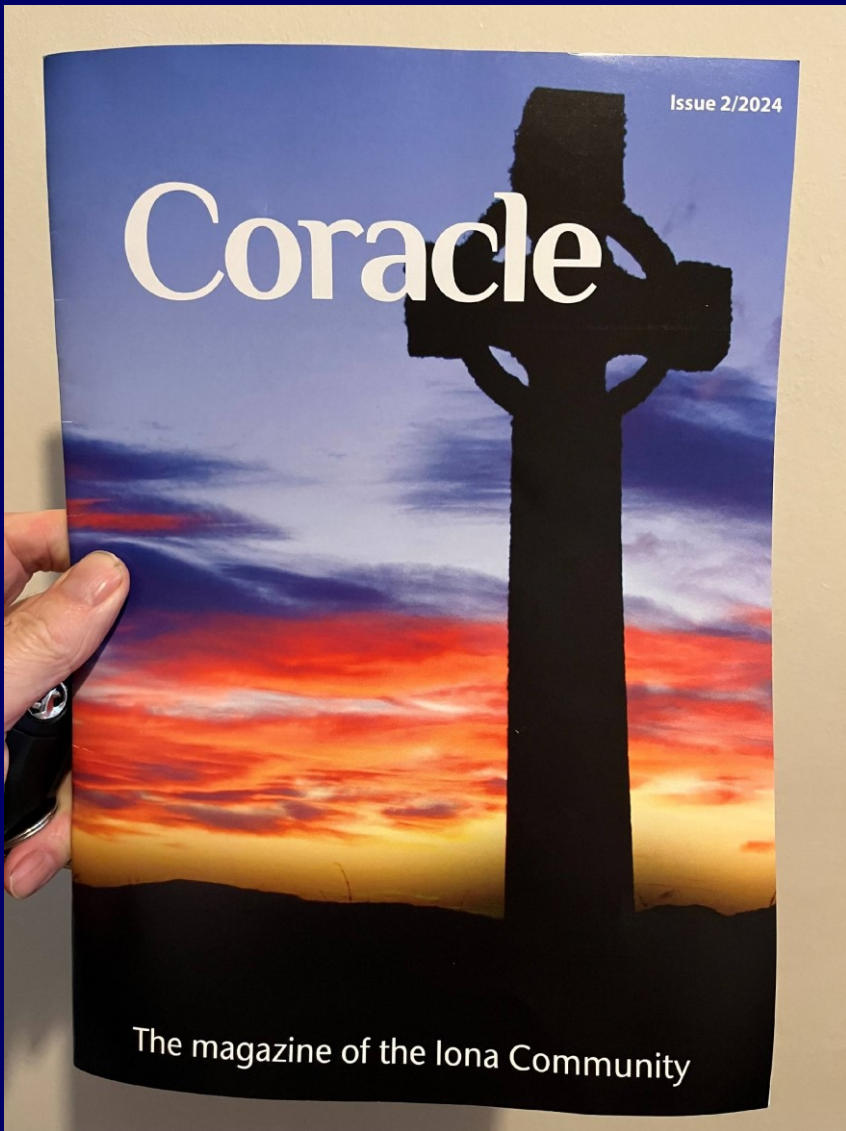
I feel the warmth
of The waves
creates a softness
in my soul,
I find the Whistling
of the wind teaches
a science



I AM THE sacred sun
Reflected deep within ~~me~~
Still in eternal peace from
eternity I began

The universe is not
punishing you it is responding
to

The Poetry



The Writing

News and letters

On the 2024 GalGael trip to Iona, a letter from Lynn to Alastair McIntosh

Well, what can I say? Firstly: I would like to thank you and all GalGael staff for letting me share the beautiful experience of Iona.

I feel Iona cleared my head and gave me the inspiration to try and move on from my personal problems which had made me feel 'so what?' comfortable within myself (if that makes sense).

I totally loved and thoroughly enjoyed walking and climbing the Iona hills. I only needed my inhaler twice, due to the beautiful fresh air.

Spending beautiful quality time with very very special people, Iona has certainly opened my eyes to let me know that I ain't alone no more.

GalGael has brought so much joy and happiness into my life and I couldn't be any more appreciative and very thankful of everyone who has welcomed me with open arms.

(www.galgael.org)

On the Iona Global Song Week, from member
(from a longer e-mail)

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countries.
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The 202

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Prayer

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and pe
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TWO BIRDS SELF SAME FRIENDS
UPANISHADS

LET NOTHING
DISTURB THEE
LET NOTHING
AFFRIGHT THEE
ALL THINGS ARE
PASSING
GOD NEVER
CHANGETH

Affright
DARK STORMY WINDY NIGHT
SAINT MICHAEL
CHAPEL
IONA ABBEY

LET NOTHING AFFRIGHT THEE
GREEN CAPILLARIES
SWIMMER FOR THEE
EASE OF PRINTING

GIRODA HEART
Let Nothing affright thee

ORCUAN

ABOVE GUY BY
CREATION NOT THE
Soul

The Soul



The Night



John MacLean of the Hostel (back) presented with
Vic Brown's Iona-inspired painting

The John Wigham (Enjoyment) Trust of the
Quakers and Glasgow Quaker Meeting

Anonymous individual donors, for whom the
candles in the Abbey



The Gratitude to Hosts & Funders

PDF download links to reports of each of the visits, including photos

- 2016: <https://www.alastairmcintosh.com/articles/2016-Iona-GalGael-Report.pdf>
- 2017: <https://www.alastairmcintosh.com/articles/2017-Iona-GalGael.pdf>
- 2018: <https://www.alastairmcintosh.com/articles/2018-Report-GalGael-Iona.pdf>
- 2019: <https://www.alastairmcintosh.com/articles/2019-Report-Iona-GalGael.pdf>
- 2022: <https://www.alastairmcintosh.com/articles/2022-GalGael-Report-Iona-Trip.pdf>
- 2023: <https://www.alastairmcintosh.com/articles/2023-GalGael-Iona-Report.pdf>
- 2024: <https://www.alastairmcintosh.com/articles/2024-GalGael-Iona-Report.pdf>